



NEWFOUNDLAND & LABRADOR
**COLLEGE OF
DENTAL HYGIENISTS** INC.

Policy Title: CPR: Registration Requirement

Originated By: NLCDH Board of Directors

Reviewed By: NLCDH Board of Director

Date Originated: August 19, 2015

Last Approved: October 2026

Purpose: The Newfoundland and Labrador College of Dental Hygienists requires Dental Hygienists regulated under the Health Professions Act to maintain CPR certification.

Policy:

- Initial and renewal applications require proof of current CPR Level C with AED, or BLS (Health Care Provider) level certification. Applications will not be processed until documentation of CPR certification is provided.
- CPR certification will be recognized for a period of three years from the date of issue.
- If CPR certification expires and proof of an updated certification has not been provided to NLCHP prior to the expiry date, NLCHP will change the Registrant's status to inactive, remove the Registrant from the list of registered health professional and notify the Registrant they are no longer registered with NLCHP.
- A lapse in CPR certification of no more than 30 days will be permitted provided the registrant has provided proof of registration in an upcoming course. A lapse in CPR certification of more than 30 days is considered not meeting registration requirements.
- CPR certification must be taken at a recognized institution such as the Heart

and Stroke Foundation, St. John Ambulance, or the Canadian Red Cross, or be delivered by an individual designated by one of these institutions to instruct CPR.

- CPR certification must include both theory and hands-on in-person skills instruction, including practice and evaluation of skills. Online-only courses are not in compliance with this policy.
- A CPR course will not be accepted as CE credits since valid CPR is a requirement for registration.